



Young Elementary Track 2024

Remind-Send a text to: 81010

Text this message: @yestrack24

The track season is upon us and we are SO EXCITED that your child is going to be out there with us. It is a short season, but it is so fun! Just wanted to give you a heads up on some of the IMPORTANT things to remember.

Some important info to remember:

- Some days it still may be a little chilly at practice, but we ask that your child wears sunscreen and brings plenty of water with them EVERYDAY. Dress code is still enforced at practice & meets.
- Wear running shoes to practice! It is not good for your body to run in converse, sandals, boots, etc. Students not in dress code and prepared to participate will be asked to sit out and go to the office to call home to be picked up. Students who sit out or who are absent will be marked absent from practice for the day.
- Track spikes cannot be used for practice at Young. Please know that if you choose to purchase spikes, there are very specific requirements for the track surface at Clovis East so please ask Coach Cords for that information. Track spikes are optional, and honestly not recommended due to very limited opportunities to practice in them and the limited number of meets.

Uniforms:

- Please wash in cold water and hang to dry. NO Bleach!! As your child's track season ends please wash and return the clean uniform in a Ziploc/plastic bag with your child's first and last name on it to Mrs. Marzolf ASAP. During track meets runners might need to wear stickers to represent their number. PLEASE make sure stickers are removed IMMEDIATELY after each race and before washing your uniform. Students will be charged for damaged uniforms resulting from drying them or leaving stickers on them.

Track Season:

- Everyone's track season length will differ based on athlete performance, but all athletes will attend the first meet. Athletes will need to qualify weekly to move on to the following week. Events will be determined by the discretion of the coaches based on performance at practices, meets, and also based on the needs of the entire Young Team. Students moving on each week will be told ASAP. Weekly meet schedules will be sent out via Remind, so please sign up to ensure you are up to date on the schedules and other updates. (How to connect to Remind is at the top of this note.)

****Practice Info****

We have track practice every M, T, TH. No practice will be held on Fridays.

Students must attend TWO practices per week to be eligible to participate in that week's track meet.

Some absences are excused. Please inform Coach Cords if your child will be absent.

Each case will be handled individually.

Qualifier Track Meet Schedule: All Athletes Compete

Reyburn Invitational

Friday, April 26th @ Clovis East High

Clovis East Invitational

Friday, May 3rd @ Clovis East High

Championship Track Meet Schedule: ONLY ATHLETES WHO QUALIFY COMPETE

Tuesday, May 7th @ Clovis East High (CE AREA CHAMPIONSHIPS)

Friday, May 17th @ Clovis East High (DISTRICT INDIVIDUAL CHAMPIONSHIPS)

******All qualifying marks/times will be determined by coaches based on practices and meets******

Young Track Coaches

Cords, Cox, Derkalousdian, Marzolf, and teNyenhuis